



## Cabana Club Update

The 2007 swim season is closer than you think. Opening day for the club is Saturday, May 12<sup>th</sup>!

The Cabana Club board welcomes back all returning members and would love to see even more of you at the pool this summer! For membership information, contact Connie Kuranko at 939-5809 or brownkuranko@astound.net.

Private swim lessons are available with many opportunities for new little dippers to learn to become water safe. For more lesson info, see the flyer in this newsletter.

The Woodlands Swim Team sign-ups are Saturday, March 10, 2007 beginning at 8:30 am at John & Kathy Frattini's house (3666 Perada Drive).

There will be a new Woodlands Swim Team parent information meeting on Tuesday, March 6<sup>th</sup> at Gary & Karyn Teague's (752 Woodwind Place, W.C.) at 7 pm. Please call the Teagues at 287-1229 to RSVP.

Pre-season practice begins April 16th, training for what promises to be an exciting season of swim meets and social events. For more information on the Woodlands Swim Team, call Tracey Garber at 934-7076. K. Frattini

## Are You The Next Woodlands Newsletter Editor?

The Woodlands Newsletter is in search of an Editor/Board Member

Requirements: a desire to be involved in the Woodlands neighborhood and a willingness to learn!

The Editor will spend approximately 2-3 hours each month (from the comfort of your own home)
editing and organizing articles and ads (no layout). You will receive training.

Note: You do not need a background in publications, just the desire to do the job!

To ask questions or obtain more information please contact Jim Tilley @ 937-1889 or jtilley@woodlandsassn.org



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Established in 1965, the *Woodlands Newsletter* is a monthly publication that is published by the Woodlands Association. Archived issues are located at www.WoodlandsAssn.org

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#### **Neighborhood Inquiries:**

Jim Tilley ~ jtilley@woodlandsassn.org

Woodlands Association P.O. Box 31085 Walnut Creek, CA 94598

### **Grown-Up Advice for Young Drivers**

(NewsUSA) - Teens' lack of driving experience means they are at a greater risk of becoming involved in a collision or experiencing an automotive breakdown.

Accordingly, there are many factors parents need to consider before their teenage children get behind the wheel. AAA offers the following tips for parents as they hand their children their first set of car keys:

- \* Choose the right car. Consider a moderately powered mid-sized sedan with plenty of standard safety features such as antilock brakes, high-intensity headlamps, front and side air bags, electronic stability control, traction control and automatic seat belt tensioners. Sport utility vehicles and pickup trucks are less desirable as they have a greater likelihood of rolling over during an incident. Compact cars with poor safety ratings should also be avoided.
- \* Use caution when buying used. While purchasing a used vehicle may make economic sense, it is important to recognize that used vehicles are more likely to suffer roadside breakdowns. Consult the Kelly Blue Book and NADA price guides to determine the true market value of the vehicle. Then, have a pre-purchase mechanical inspection performed at an AAA Approved Auto Repair facility.
- \* Teach proper maintenance. Spend time helping your young adult become familiar with the vehicle owner's manual and preventive maintenance schedule. This includes checking tire pressures, fluid levels, hoses, battery and windshield wipers, as well as keeping the car's exterior and interior clean and polished.

One helpful tool is the AAA AutoManager, available at **www.AAA.com**. Users of this Web application system will routinely receive e-mail reminders advising them of when it is time to perform a specific service for their vehicle.

- \* Plan for emergencies. New drivers should plan ahead on how to respond to unexpected situations such as a car crash, a lost key, a stolen vehicle or a breakdown. Besides being enrolled in a roadside assistance program, have an emergency contact list and a written plan in the glove compartment. Make sure the vehicle is equipped with an emergency road kit that includes a flashlight with fresh batteries, reflective triangles, jumper cables and a first-aid kit.
- \* Set some limits. Young drivers should be aware of potentially dangerous situations such as drinking and driving, distracted driving and aggressive or reckless driving. They should also understand the importance of wearing a seat belt at all times. Because young drivers' crash rates go up at night, their nighttime driving should be limited while they are learning and gaining experience. Novice drivers also have challenges managing distractions, so they should carry no more than one passenger and should only use a cell phone in an emergency.

For more tips and information, visit www.AAA.com.

## Woodlands Association Board of Directors

James Tilley ~ President

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John Gregory ~ Webmaster

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Board email ID's can be found at www.WoodlandsAssn.org

#### Upcoming Board Meetings

March 3, 2007 April 7, 2007

8:15am in Carl's Jr. Conference Room

Woodlands residents are encouraged to attend board meetings

## WOODLANDS CRIME REPORT

(Thank you to Elisa Tilley, Northgate student & Woodlands resident for compiling this report from the WCPD website.)

02/01/07 08:11:07 Citrus Av / Oak Grove Rd A Non-Injury Accident. Desc: Grn Subaru Vs Gry Ford Explorer. Vehicles Are Now Parked Ifo Bank Of America...11-82 Non Injury Accident

02/01/07 09:32:20 Ygnacio Valley Rd / Oak Grove Rd Chp Xfer. Closer To Rock Oak. Citizen Flagged Him Down. Says Theres Clothing And Poss 10-55 At The Bottom Of The Hill....Determined To Be Debris From An Old Encampment. No Merit.

02/01/07 11:09:57 300 Bl Peppertree Rd Reports The Theft Of Tools. Previous Case Of 07-2330....Determined The Missing Tools, (A Hammer And A Measuring Tape) Were Taken During The Initial Burglary. Supp To 07-2330

02/01/07 19:27:33 Ygnacio Valley Rd / Oak Grove Rd 11-82 Eb Ygnacio Just Prior To Oak Grove Now Pulled Into The Valero. Whi Volvo Vs Blk Merz...As Reported, Minor Vehicle Accident With No Injuries To Either Party.

02/02/07 10:08:44 400 Bl Candleberry Rd Reporting A Male Looking Over The Fence To The Backyard And Looking Into The Windows Of The Resd. Subj Didnt Appear To Be The Homeowner. Subj Desc As Wma Late 20's Early 30's Wearing Bb Cap A Red Sweatshirt...Residence Secure. Area Check For Subject, Utl/Go

02/02/07 16:59:10 3600 Bl Citrus Av Reports Red Chevy (Redacted 03) Been There Since November. Rp - Anon... Pso File.

02/05/07 07:50:33 Ygnacio Valley Rd / Oak Grove Rd Reports Male Followed Her To Work And Threatened Her. Occd Approx 0710. Started At Oak Grove And Ygn. Truck Said Parsons On The Side. Rp At 100 Pringle Suite 560 For Contact...Contacted Rp And Dtr To Be A Road Rage Incident. Subject Followed Rp Honking At Her

02/06/07 21:49:37 2200 Bl Oak Grove Rd Reports Someone Used Her Identity To Cash 3 Fraudulent Checks At This Branch.(Redacted 01)...As Reported. 3 Checks Passed At Wamu In Jan. Fraud

02/07/07 21:27:30 3200 Bl Sugarberry Ln 911 is in accordance with recent state education code changes Static Only On Line Busy On Callback...Elderly Lynda Hayes, Student Services Coordinator, 938-0900 ext Resident Contacted Who Would Not Open Door. questions or if you have interest in participating. J. Tilley 9-1-1 Hangup

# Household Hazardous Waste Disposal

You should always dispose of hazardous waste properly. Sending hazardous materials to a landfill can cause a problem later on down the line. These materials usually end up leaking and can create plumes of contamination in the soil and groundwater. Sending these materials down a storm drain or sanitary drain is worse and is illegal. Storm drains go untreated directly to surface waters, where hazardous materials can cause major impacts for wildlife. Small amounts of paint or cleaning solvent may not seem like much, but multiply that by the number of residents here in Walnut Creek, all going to the same landfill or surface water, and you get the picture!

But you don't have any hazardous waste to dispose of, right? Think again! There are many items in the home that need to be disposed of as a hazardous waste. Common household hazardous materials can include old swimming pool chemicals, photo processing chemicals, motor oil, radiator fluid, solvents, cleaners, pesticides, car batteries, alkaline batteries, paint, fluorescent bulbs, and mercury thermometers.

So what do you do? Well here in Walnut Creek most household hazardous wastes are accepted at the Central Contra Costa Sanitation District's household hazardous waste facility, located a short drive away at 4797 Imhoff Place in Martinez. The facility is open Tuesday through Sunday for Central Contra Costa residents. Appointments are not needed, just drive up with your trunk full of household hazardous waste, be prepared to show a photo id, and they do the rest! Electronic items, such as computer monitors and televisions, are currently not accepted at this facility, but there are special drop-offs held annually (check your local paper for listings). For more information, contact the facility at 1(800)646-1431, or check their website at www.centralsan.org. *J. Gregory* 

# New Northgate High School Safety Plan

The Northgate safety plan committee has completed the draft of the required Northgate "Comprehensive School Safety Plan" and will be reviewing its content in a meeting at the high school on March 6<sup>th</sup> at 3:15 p.m. in the Northgate Lecture Hall. A sample of the safety plan is available in the school library now. This new plan is in accordance with recent state education code changes. Contact Lynda Hayes, Student Services Coordinator, 938-0900 ext 3502 for questions or if you have interest in participating. J. Tilley



## Walnut Creek Soccer Club Registration in March

The Walnut Creek Soccer Club (WCSC) recreational league, or 'house league' is an 'everybody plays' league, meaning there are no tryouts, and if your child meets the age requirement, he/she will be placed on a team. Age ranges from 6-19 years old. The Under 8 teams play small-sided 4 versus 4 games to encourage development and touches on the ball. Practices will start in August, and the 10 game season starts in September and ends in November. Teams are formed as much as possible based on neighborhood and school attended, age, and for returning players, ability. The house league strives to provide a fun and encouraging soccer experience that teaches teamwork and sportsmanship, all while developing fundamental soccer skills. Registration dates are: March 24, 2007, from 9:00am to 12:00noon; March 27, 2007 from 6:00pm to 9:00pm; and March 31, 2007, from 9:00am to 12:00noon; All registration dates will be held at Walnut Creek Intermediate School, located on Walnut Blvd right off of Ygnacio Valley Blvd. Please see the WCSC website for more information at www.wcsc.org. J Gregory



## "LIVING WITH YOUR TEEN" CONFERENCE

Saturday, March 3<sup>rd</sup>, 8:30 – 3:30 Acalanes Adult Center 1963 Tice Valley Blvd

Come hear Dr Michael Riera, featured speaker, at this excellent conference. Dr Riera can be seen as the "teen consultant" on the CBS early show and is the author of several books on staying connected with teenagers. Dr Riera discusses how to hear what is not being said, how to anticipate and learn to discipline for integrity and resiliency. You will hear from other recognized experts as well. Registration is \$35 and that includes lunch. See www.acalanes.K12.ca.us for details and registration... or call 925 280 3980. Walk-in registration is \$40.

## Teen Summer Employment Opportunities

Summer is fast approaching, and soon Woodlands teens will be out of school and looking for that perfect summer job. The perfect place to start is the City of Walnut Creek Teen Job Fair. This is an annual job fair held locally geared specifically to showcase local jobs that are available for area teens. It is a great resource and starting place for teen summer employment, because it is specifically targeted to summer jobs for teenagers. And it isn't just fast food and jobs at the local mall; the Teen Job Fair should have something for everybody, with more than 100 summer and temporary positions available, along with internships and service opportunities. The City of Walnut Creek Teen Job Fair will be held at the Civic Park Community Center, 1375 Civic Drive at Broadway (in Civic Park) on Thursday, March 1st from 3pm to 6pm. If you are a local teen looking for a summer job, or the parent of such a teen, don't miss this important event! Check out www.realwc.org for more information and just show up on March 1st right after school! J Gregory



## **Want Ads**

#### **SERVICES**

**PAINTER:** Experienced professional journey men. Don't be fooled by these low bids & inexperienced painters that are everywhere now. You will only end up unhappy. Have it done right the first time and be done with it. The old saying you get what you pay for is real. Lic. 740315 **call 935-7593** 

**HANDYMAN:** Quality work. Electrical, Plumbing, Carpentry, Linoleum, Tile, Windows, Doors. Woodlands References. **Paul 676-6607** 

JUNK REMOVAL SPECIALIST: We haul residential and commercial junk for the best prices in the East Bay! To schedule an appointment or if you have any questions please call us at (925) 934-3743 or visit our website at www.DUMPLOADSONUS.com!

#### **HELP WANTED**

**Summer sitter needed** for 2 days a week, 3 kids (ages 11,9 and 4) in Woodlands. Must drive. Call (925) 934-7918 or e-mail annbonano@yahoo.com.

Senior Executive Assistant: Local business seeking an experienced executive assistant for full-time position. Must be highly proficient in PowerPoint, Word and Excel (creating charts and graphs). Knowledge of Quickbooks is a plus. Primary responsibilities include billing; contract compliance; and creating proposals and presentations. Must have a minimum 2 years similar professional experience. Please send resume to: derose@montaguederose.com. No phone calls, please.



Professional teaching - Personal attention and caring Extra Curriculum activities - Safe and Fun Environment 6 years of the local experience in Northgate Area

#### **Licensed Small World Home Daycare**

Teacher has A.A. Degree in Early Childhood Education Newborn to 5 years old.

925-945-8590 (Home & Fax)

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# **New WC Wrestling Program**

The new *Walnut Creek Wrestling Club* is starting their Spring season and is open to all middle-school-age youth. As you have seen in past newsletters, this program has been a tremendous success as run by Northgate coach Carlos Sumalong and several key Woodlands parents and boosters. Your students still can sign up and participate. Absolutely no prior experience is necessary. You may contact the coach directly at carlos@vqfitpros.com to get your child started. Recall that Foothill won the Mt Diablo League Championship just one year into their program. See photo of Jordan Landry who won second place in his weight class at the league championship tournament.

The club will be competing in local and state tournaments starting in mid-March and continuing through mid-May. Clearly this program is a tremendous boost for the Northgate wrestling team by providing new students that already have middle-school experience in the art of wrestling.

The first day of practice will have started by the time you receive this newsletter. Club Team Fee: \$130 for one student. Siblings \$100 each. And \$75 for part time members that are also doing other spring sports. Make checks out to *Northgate Wrestling*. The fee covers the practice room rental, your team wrestling singlet, sweatshirt, T-shirt, shoes and coaches fee.

J. Tilley

**Schedule** 

Every Tuesday & Thursday 3:30-5:15pm

March: 3/6, 3/8, 3/13, 3/15, 3/20, 3/22, 3/27, 3/29

April: 4/3, 4/5, 4/17, 4/19, 4/24, 4/26

May: 5/1, 5/3, 5/8



## **Advertise With Us!**

To Advertise in the Woodlands Newsletter,

Contact Marc Graves 925-336-6272 or madmacsdad@aol.com
Advertising Rates & Sizes

MARC

Please note: the actual sizes below allow for binding/bleed space. Size = height x width in inches

Full Page  $-10 \times 7.5 - \$80/month$ 

 $\frac{1}{2}$  Page – 5 x 7.5 - \$45/month

 $\frac{1}{4}$  Page – 5 x 3.5 - \$25/month

1/4 Page on back cover - \$45/month

1/8 Page – 2.5 x 3.5 - \$15/month

Want Ads - line ad with 30 words or less:

\$5 Woodlands Residents, \$13 Non-Residents

## **Next Advertising Deadline**

Please submit all ads and payments for the next issue by MARCH 15, 2007

#### Submission Guidelines

Please submit your ad in the actual size/dimensions listed above.

Ad should be formatted with any artwork you want included at the time of submittal.

If your ad needs layout/design or artwork, there is an additional \$10 design fee.

We love DIGITAL FILES! If you can provide a digital file of your ad, please email it to <a href="mailto:madmacsdad@aol.com">madmacsdad@aol.com</a>. We accept PDF, Microsoft Publisher, and MS Word documents.

If you only have a paper copy of your ad, please mail it and the payment to:

Woodlands Association, PO Box 31085, Walnut Creek, CA 94598

Payment is due when you submit your ad. Please make checks payable to "Woodlands Association" and mail to: PO Box 31085, Walnut Creek, CA 94598