

The Woodlands

JUNE 2004

The Cabana Club in the Woodlands

The pool is open...

The Cabana Club in the Woodlands is a swim facility in a beautiful setting of trees and lawns. It is open to family and individual memberships. The majority of the members come from the Woodlands but many members come from our surrounding communities as well. The club has two beautiful Olympic pools, a toddlers' pool and nice locker rooms, showers and changing facilities. The club offers private swim lessons for individuals and groups.

One of the great features of the Cabana Club is the Woodland's Swim Team. The swim team is open to all children of Cabana Club members. To be eligible to join the swim team children must be able to swim the length of an Olympic pool and be age 18 or under, as of June 15th. There is no real minimum age, although generally the recommended minimum age is about 4 years old. During the 2003 season, this team had 193 swimmers. See www.woodlandswimming.com/.

The 2004 team season began with time trials on Sunday, May 16 and will end with the County Swim Meet in the middle of this August, but children are very welcome to join the team anytime during the season. Most of the team activities begin the week after school is out. The swim team is simply an outstanding activity for children of all ages during the summer months.

The Woodland's Swim Team is a member of the Contra Costa Valley Swim Conference (7 teams) and competes with many other recreational teams in the Diablo Valley area. Woodlands consistently places in the top 8 out of approximately 60 teams at the County Meet. The team's coaching staff is among the best in the region.

But, the team is not only about competition. These children become life long friends and as a team become very supportive of one another. There are many social events aimed at the various age groups during the summer including outings that make the experience all the more enjoyable.

If you want to treat your son or daughter to a terrific experience at the Cabana Club or on the swim team, contact Gary Lardiere at 935-8096 or Tracey Garber at 934-7076 for more information

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POET'S CORNER

Live now, believe me, Wait not til tomorrow, Gather the roses of life today.

--Pierre de Ronsard

Lost Your Appliance User Manual?

We have had several inquiries about the maintenance articles and two had to do with appliances. I found a tremendously useful site on the Internet that answers just about every need imaginable. It is called www.appliance411.com.

I found online versions of the original user manuals for various old and new appliance models from literally scores of appliance manufacturers. For example, if you can't turn on your self clean cycle for your 8-year-old wall oven, this site can tell you. If you needed a replacement for a broken rack in your dishwasher, this site can tell you how to find it and how to order it. Take a quick look and then bookmark the site for the next time you lose your TV's user manual.

NEXT BOARD
MEETING JUNE 5th
AT 9am IN THE
MEETING ROOM AT
CARL'S JR.

Neighborhood Happenings...

Fifteen Woodlands Team Records Broken in 2003 Swim Season

Fifteen Woodlands Swim Team records were broken in the 2003 swim season, including 10 individual records and five relays. Some swimmers had both individual and relay records and have more than one team record established already.

Swimmer	Ago C-		
	Age Group	New Record	d Old Record
Laura Woods	Girls 7/8 Backstroke	19.63	
Shelby Dolliver	Girls 11/12 Breaststroke	18.63	11-year-old record
Kelli Schneider	Girls 11/12 Butterfly	35.28	Kate Mounday's 2001 record
Kelli Schneider	Girls 11/12 Freestyle	29.07	Kate Mounday's 2001 record
	Kelli also still holds the 9/10	26.44	A 1 . 171 . 1
	The second secon	Oiris Builerjiy	record which she set in 2001
Kate Mounday	Girls 13/14 Butterfly	28.18	in bedrammoon
amey Bryant	Boys 13/14 Butterfly	26.19	14-year-old record by more than one second
Tilles brie liky br J	amey also still holds the 11/1	2 Roug Patton a	14-year-old record by more than a half second record, which he set in 2001
	J 100 100 100 111/1	2 Doys pullerfly	record, which he set in 2001
Rachael Teague	Girls 6 & under Free	17.63	ryns maet ent niot les lesmany
andrew McDowell	Boys 7/8 Breaststroke		record last set in 1987
		-also Wood	-year-old team record by more than full seco
Briana Adams	Girls 7-8 Breaststroke		llands 1993 Pool Record by almost half a second
Bria	na also holds the 6&Under (Firls Breaststrol	20-year-old record ke record, which she set in 2002
	REAL PROPERTY OF THE PERSON OF		
		on to Di casisii oi	we record, which she set in 2002
	Boys 15-18 Butterfly		
		54.61	record last set in 1986 stood at 55.34
	Boys 15-18 Butterfly		record last set in 1986 stood at 55.34
ndrew Lardiere	Boys 15-18 Butterfly	54.61 ELAY TEAMS	record last set in 1986 stood at 55.34
ndrew Lardiere Girls 11-12 F	Boys 15-18 Butterfly Ri Tree Relay	54.61	record last set in 1986 stood at 55.34
ndrew Lardiere Girls 11-12 F Abbey Lloyd, She	Boys 15-18 Butterfly Ri ree Relay lby Dolliver	54.61 ELAY TEAMS	record last set in 1986 stood at 55.34
Girls 11-12 F Abbey Lloyd, She Katie Ruetter, Kel	Boys 15-18 Butterfly Tree Relay Iby Dolliver Ii Schneider	54.61 ELAY TEAMS 1:50.32	record last set in 1986 stood at 55.34
Girls 11-12 F Abbey Lloyd, She Katie Ruetter, Kel Boys 13-14 F	Boys 15-18 Butterfly Pree Relay Iby Dolliver Ii Schneider Pree Relay	54.61 ELAY TEAMS	record last set in 1986 stood at 55.34 broke a record set in 2001
Girls 11-12 F Abbey Lloyd, She Katie Ruetter, Kel Boys 13-14 F Clarke Dolliver, J	Rice Relay lby Dolliver li Schneider ree Relay amey Bryant	54.61 ELAY TEAMS 1:50.32	record last set in 1986 stood at 55.34
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WANT AD FEES:

Business & Miscellaneous ads for Woodlands residents......\$5.00
Ads have to be in by the 15th of each month

Business & Miscellaneous ads for non-Woodlands residents.......\$10.00

Ads have to be in by the 15th of each month

Full Page, 1-sided flyers (811 Copies)......\$50.00 Flyers have to be in by the 20th of each month

Call Betty at 933-6986