



The Woodlands

Special Notice

August 2005

When Disaster Strikes What Will You Do?

Woodlands residents need to be prepared to take care of themselves for 72 hours following a major catastrophe, as the demand for emergency services will likely exceed available resources.

Learn how you can prepare for, and survive, a disaster by taking the

Woodlands VERY OWN Community Emergency Response Team (CERT) training.

Presented by the City of Walnut Creek



What Will I Gain From CERT Training?

- Learn how to prepare for any disaster, including terrorism and what safety actions to take during the disaster.
- Learn about different types of fires and how to use a fire extinguisher.
- How to shut off gas & electricity correctly and what hazardous materials to look out for.
- Rescuer tips: opening airways, stopping bleeding & treating shock.
- How to conduct triage and set up an emergency medical treatment area caring for minor injuries & burns.
- How to look for damage in different types of construction, how to classify damaged buildings, how to safely conduct interior searching, how to lift heavy objects, how to carry victims.
- Learn the Incident Command System to manage a disaster.

See CERT article on the following page and the emergency preparedness checklist & ACE coupon on page 8

Sign Up NOW!
& Help The Woodlands
 Become
The Safest Neighborhood
to Live In
When Disaster Strikes!

September 13 - October 18

This service is *FREE* to all of us and is only in the City Budget for 2005.

To Attend the Woodlands CERT Training:

Call: 925-465-4464

Email: emergency@woodlandsassn.org

Or Mail this form to:

Woodlands Assoc., 3327 Perada Dr., Walnut Creek 94598



YES! Sign me up for the Woodlands CERT Training

NAME: _____

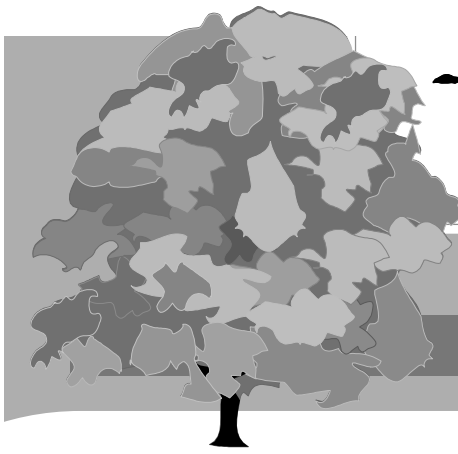
ADDRESS: _____

PHONE: _____

EMAIL: _____

OF PERSONS ATTENDING: _____

(You may invite non-Woodlands residents)



The Woodlands

August 2005

Sign Up For Woodlands CERT Training (Community Emergency Response Team)

We still have room for more participants in the *FREE* CERT training designed for our own Woodlands community. The Woodlands was chosen to be the first Walnut Creek neighborhood to participate in this program. The CERT training will be each Tuesday evening, 6:00pm to 9:30pm, from September 13th through October 18th. This could very well be the most important training you will ever experience. Our Woodlands training will feature top professionals and trainers funded by the city. As part of this program the

city will also sponsor an *Emergency Preparedness Fair* on Sunday, September 11th at Civic Park.

Many of you have seen the details of this program in our newsletters as well as in the Contra Costa Times. To sign up for the Woodlands CERT training, email: emergency@woodlandsassn.org or call 465 4464.

We are again attaching a copy of the emergency **survival kit checklist** to this newsletter. The checklist includes recommended supplies and tools to

create your own home emergency survival kit. On the checklist, you will find a discount coupon provided by our local ACE Hardware store for items purchased from the checklist.



For more details on the CERT training content see: www.walnut-creek.org/community.

By Jim Tilley

Good Neighbors

Watch over our Children



Even with the posted 25 mile-per-hour speed limit in the Woodlands, many cars on Citrus Avenue rushing to and from work, or just to and from the market, greatly exceed this speed limit. At the same time we have our extra summer crush of children crossing Citrus as well as riding their bikes in the area. Add to that the large number of children

coming to and from the Cabana Club and coming to attend our swim meets. The big annual Woodlands invitational meet is July 23rd and 24th this year... and you might very well be reading this just before this big meet. We ask everyone to please watch our children while watching your speed on Citrus Avenue ~ not just this summer but year round.

NOISE IN THE MORNING



We are still getting calls as well as emails explaining that lawn, gardening and construction noises are starting up far too early in the morning. It should be clear that activities that cause these noises are not to commence until *after* 8:00 a.m. The restrictions on noise in Walnut Creek are well known and most of us know that we have nuisance restrictions in each of our CC&Rs as well.

Please tell your gardeners, your handymen or contractors that these restrictions are in place and need to be adhered to.

By Jim Tilley

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Woodlands Youth

School Boundary Update




As previously discussed in the July newsletter, the Mt. Diablo Unified School District School Board is still deciding on many issues with regard to the proposed high school boundary study. This study would consider changing the geographic boundaries for attendance at District high schools. There have been no School Board meetings on this topic since our last update. A representative from the Woodlands Association attends all of the School Board meetings where this topic is discussed.

We will continue to report updates on this topic in the newsletter. **The next two School Board meetings are scheduled for August 9th and August 23rd.** School Board agendas are typically posted on the MDUSD website (http://www.mdusd.k12.ca.us/mdusd/board_of_education.html#meetings) prior to the meeting.

By Ed Wohlers

IMPORTANT BACK TO SCHOOL DATES

Valle Verde	Foothill	Northgate
<ul style="list-style-type: none"> * Back-to-School packets will be sent home in early August * 8/29 - Registration 4-6pm for students whose last name begins M-Z * 8/31 - Registration 4-6pm for students whose last name begins A-L * 9/7 - 1st Day of School 	<ul style="list-style-type: none"> * 8/29 Orientation for 6th grade & new 7th/8th graders * 8/30 Orientation for returning 7th graders a.m. & 8th graders p.m. * 9/7 - 1st Day of School 	<ul style="list-style-type: none"> * 8/25 Registration for last name beginning with A-L, 8-11am * 8/25 - Registration for last name beginning with M-Z, 4-7pm * 9/6 Registration make-up day for all, 8-10am * 9/7 - 1st Day of School



Kids Have The End of The Summer Blues? Take them to the Walnut Creek Library!

**August 3
ZunZun**

A musical journey through the cultures of the Americas and the traditions they draw from, African, European and Native American.
For children ages 4 and up and their families.

**August 10
Andrea's Musical Adventures**

Interactive musical story dancing.
Registration is required and begins July 11.
For ages 2 - 7

**August 17
Craft Program.**

Make a dragon puppet.
For ages 3 and up

**For a complete list of kids library programs visit:
www.ccclib.org/programs/wcl.html**

Community News

City Sidewalk Replacement Program

Did you know that the city will replace sidewalks that have dipped or heaved as a result of tree roots or other natural causes? If you have a sidewalk that is in need of repair, don't hesitate to call the City of Walnut Creek Public Services Department. They can be reached at 943-5854. Usually your request can be taken by phone and the city will do the work required *free of charge*. It only takes a few minutes of your time and can prevent a serious trip on raised or buckled concrete. Avoid that nasty fall and call the City's Public Services Department right away!

By Jim Tilley

~ Citrus Walk ~ 1st Two Occupancy Permits Issued

The first two occupancy permits were issued on July 5th for the Citrus Walk development. When the development is completed, a total of 47 families will occupy Citrus Walk. In the spirit of good neighbors, please welcome the new residents to the area!

By Ed Wohlers

Steve Poirier & Ron Vallergera Did it again!

Fellow Woodlands resident, Steve Poirier and his real estate partner, Ron Vallergera procured and distributed American Flags to each of the 850 Woodlands home units just prior to the Fourth of July again this year. It appears that these gentlemen have started an annual tradition and deserve a big thank you. As you may know, Steve and Ron are local real estate brokers who often work with Woodlands residents. Thanks guys!

Woodlands

Board of Directors

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John Gregory
Special Projects

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Newsletter Distribution Manager

Next Board Meetings:
August 6, 2005 @ 8:15am
September 3, 2005 @ 8:15am
It's A Grind Coffee Shop

**Woodlands residents are
encouraged to attend
board meetings at all times!**

Board Member Profile

John Gregory



I was born in Concord and lived the first three years of my life in Walnut Creek. After moving around a little bit my family settled in Antioch, where I spent the rest of my childhood. During this time I would visit my Grandfather in Walnut Creek often.

After receiving a degree from UC Davis in Chemistry and spending time in San Diego and Hawaii I returned to the Bay Area and settled in Pacifica with my wife Faye. At this time I was traveling to various parts of the Western United States for work, and the more I saw the more I knew when it was time to settle down I would move back to Walnut Creek. In 1997 we started a family with the birth of my daughter Jasmine, and decided it was time to leave the craziness of the Peninsula for the quiet of the suburbs. We bought our house in the Woodlands in 2001 and shortly thereafter added a second daughter, Jade. Our entire family has really fallen in love with the Woodlands, and we are all thankful each and every day to live in such a great neighborhood. By joining the board I hope to be able to give something back to the neighborhood that I love so much.

I am currently a Senior Programmer Analyst at EBMUD, and my hobbies include surfing, wakeboarding, Jiu Jitsu, softball, camping, and coaching my daughter's soccer team (go Unicorns!), although most of the time I can be found in or around my house trying to finish on of the myriad of projects I have started but not yet completed.

Community Happenings

August 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Visit with Coach Tedford (famed Cal Football coach) @ Pyramid Alehouse 5-7pm FREE	4	5	6 Woodlands Board Meeting 8:15am It's A Grind
	<div style="border: 1px solid black; padding: 5px; width: fit-content;"> V V = Valle Verde FH = Foothill NG = Northgate </div>					
7 Park Concert: Devil Mountain Barbershop Chorus 6pm Civic Park FREE	8 Animal Rescue Foundation New Volunteer Orientation @ NOON RSVP required 925-296-3130	9	10	11	12	13
14	15 NEWSLETTER DEADLINE!!!	16	17	18	19	20 Movies Under The Stars "ICE AGE" Heather Farm Park @ Dusk FREE
21	22	23	24	25 NG Registration 8-11am Last names A-L 4-7pm Last names M-Z	26 WC Model Railroad Society Open to Public 8-10pm 925-937-1888	27
28	29 VV Registration 4-6pm Last names M-Z FH Registration 6th grade & NEW 7th/8th graders	30 FH Registration for returning students 7th graders A.M. 8th graders P.M.	31 VV Registration 4-6pm Last names A-L	<div style="border: 1px solid black; padding: 10px;"> Please submit any events you would like to see on the September calendar to srizzo@woodlandsassn.org or 465-4464 by August 15th </div>		

Want Ads

Services

3 GOOD PAINTERS: FAST, CLEAN & NEAT. Interior & Exterior. Exceptional prep work. All your painting needs. Acoustic removal, wallpaper removal, drywall repair, texturing. CUSTOM WORK TO REPAINTS. Many References. **Free estimates. 925-935-7593** Lic. 740315

Handyman: Quality work. Versatile—almost any standard job or unusual problem. Electrical, plumbing, carpentry, linoleum, tile, windows, and doors. Honest and have references.

Paul 676-6607

Painting Contractor: *Area Specialist* LCG Painting/Removal of acoustical ceilings and retexturing. (Cal Lic #765438) For all your painting needs. Specializing in interiors, exteriors and decks. Quality workmanship. Affordable rates. Satisfaction guaranteed. Many area referrals. Bonded and insured. Call **Larry 933-3766**

Piano Lessons Made Fun!

Let Music Brighten Your Life!

Now accepting new students
All ages and levels
Loving, individualized approach
25 years experience
Local references available

Bringing the joy of music into your heart and home

Please call Gerri at 925-935-7536



Services

HAULING COMPANY: Woodlands resident eager to aid neighbors' waste problems! We haul and/or perform additional services such as demolition, garage/shed clean-out, tree trimming, and much more! **CALL US TODAY! (925)934-3743** or visit our web-site **www.dumploadsonus.com**

For Sale

THOMAS THE TRAIN SET: 100+ piece. Roundtable, turntable, mountain, tunnel, fire station, train wash, mountain bridge, suspension bridge, townspeople, scenery, 60 assorted tracks & 20 trains. \$250 **Kay @ 937-6824**

TV Entertainment Center with doors & 2 drawers. Solid wood painted white. 59" high, 31" wide, 20.5" deep. \$125 **Kay @ 937-6824**

www.WoodlandsAssn.org

Send us your 4th of July photos,
Original Woodlands home construction photos, photos which may show the old lumber yard that was in Nob Hill's place, or any other historical items!
srizzo@woodlandsassn.org or 465-4464

Woodlands Advertising Rates

Personal/Business Want Ads:
Line Ad with a maximum of 30 words.
\$8.00/Month—Woodlands Residents
\$13.00/Month—Non-Woodlands Residents

Business Ads: Please submit only ONE copy of your ad.
Color paper is only offered for FULL Page Ads.

Full Page, white paper.....\$80.00 **OR** Full Page, colored paper.....85.00
1/2 Page.....45.00
1/4 Page.....25.00
1/8 Page.....15.00 Woodlands Residents
1/8 Page.....18.00 Non-Woodlands Residents

All advertising must be submitted by the 15th of each month

**Call Shawn Rizzo @ 465-4464 or
email srizzo@woodlandsassn.org to place your ad**

Yoga With Pam

**Private or group yoga classes
For beginners or intermediate levels**



I've been practicing and teaching yoga for 10 years. For the past five years I have been teaching in Germany and I am newly arrived to the Walnut Creek area. I have produced a CD and have a current web site:

www.yogawithpam.com

I am also a certified massage therapist specializing in:

- Cranial Sacral
- Lymphatic Drainage
- Vibrational
- Swedish

If you are interested in any of these services,
please contact me, Pam Worth, at: **925-280-1700**

Eworth1262@aol.com

Want Ads

Have something you're thinking about selling?

Don't list it yet!

Save all of your items for the

Annual Woodlands Neighborhood Garage Sale

GARAGE SALE DATE: October 2, 2005

Sign up to be included on the garage sale map!!

Call David Galindo 925-945-4575

Please leave your name, phone number, address, and a brief description of the items for sale.

Deadline to register is

6:00pm Sunday, September 25th!!

Also see the attached "green flier" for additional garage sale information



Piano Lessons: Ages 8 & up

Your home or mine.

References available from Woodlands.



Mrs. Trudi O. Steinman, Music Instructor
B.A. in Piano, California State University, Hayward 1970

2520 Ryan Road, Apt. 9
Concord, CA 94518

(925) 429-1805

The CREEK

A Middle School Youth Center

Opening September 2005

Hours of Operation:

Mon, Tues, Thurs, Fri:
2:30pm - 6:00pm
Wed:
1:30pm - 6:00pm

Located at Foothill Middle School
For more information &
an application visit:
www.thecreekyouthcenter.org

WANTED!

Part Time Nanny - Mother's Helper

WANTED part time nanny - mother's helper for two kids ages 9 and 17. Hours 2-6pm.

Duties include: pick up from school (Valle Verde & Northgate), drive to appointments, prepare snacks, start homework, light housekeeping.

Must have CDL, car, clean driving record, and references.

Start date September 1st

Contact 925-872-0691

Becca and Kyle's Summer Pet-sitting Service

Planning a party or vacation?

We can help you with your summer pet care needs.

We will walk, play with, and feed your pet.



Up to four pets per household.

You must live in the Woodlands.

Sorry, no reptiles, amphibians, or insects.

Call 933-8284

to schedule your pet care