

February 2009



Bayberry Pond Restoration

By: Lesley Hunt -WCOSF Bayberry Project Leader

In the August Woodlands newsletter, Bob Simmons announced the Walnut Creek Open Space Foundation's project to restore Bayberry Pond. The project was financed by a City Civic Pride grant and the Foundation's own funds. The Foundation is providing all of the volunteer labor.

As you may remember, Bayberry Pond is located in the fenced area near the Bayberry Drive entrance to the Lime Ridge Open Space. A slide from Ygnacio Valley Road had silted it in and reduced its value for wildlife.

After some delay we got a Fish & Game permit to deepen the pond at Thanksgiving. Meanwhile we inventoried the plants and animals present on the site and researched what new animals we could

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Planning on a "staycation" this summer?

Want to spend time relaxing in the sun next to a glittering pool, surrounded by your family and friends? This season the Cabana Club will be offering an enhanced social calendar which include a Mother's Day picnic, Tye Dye day, and many other fun activities for all ages.

The Cabana Club will be accepting new members and would love to have you join the fun and enjoy our two 25 yard pools, and wading pool for the little dippers.

Our lanai party area is available for members to BBQ, or you can schedule you next birthday party or group meeting there.

We offer a full slate of swim lessons taught by our friendly Cabana Club lifeguards,

many of whom swim for our award winning Woodlands Swim team.

For membership and pool information please contact Nancy Holian at WoodlandsCabanaClub@gmail.com.



Free Tax Help Available

AARP-Tax-Aide will be offering free tax preparation assistance to low and middle income taxpayers of all ages beginning in February and ending April 9th at the following Walnut Creek locations:

- Thursdays beginning Feb. 5th from 9am-2pm at Civic Park Community Center, 1375 Civic Dr. For an appointment, please call 925-943-5851.
- Mondays&Tuesdays beginning Feb. 9th from 9am-3pm at St. Paul's Episcopal Church, 1924 Trinity Ave. For an appointment, please call 925-938-3387 (press#1).

Be sure to bring all your tax records including W-2's 1099's, social security numbers of people to be listed on your return, your prior year tax return, as well as any other income or deduction support needed for your return.

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Board email ID's can be found at www.WoodlandsAssn.org

Upcoming Board Meetings

Saturday, February 7th
 at 8:15 am
 and
 Saturday, March 7th
 at 8:15 am
 in Carl's Jr.
 Conference Room

Woodlands residents are encouraged to attend board meetings

Interested in Lifeguarding? Summer Job Information

Are you a teen over 15 looking for a well paying summer job?

Woodlands Cabana Club will be hiring lifeguards in the Spring. Now is the time to sign up and take the required Red Cross Life Guard training classes at Heather Farms pool if you wish to apply for a position. Classes fill up and begin March 5th, so check out the schedule online at: <http://ezreg.walnutcreekrec.org/Activities/ActivitiesDetails.asp?ProcessWait=N&aid=205>

Or call the Walnut Creek Recreation Division at (925)943-5858 for more information.



BAYBERRY POND RESTORATION continued from page 1

attract by enriching the habitat. We were especially looking for Species of Concern that we could help. We then worked with Open Space staff to create a planting plan and began removing weeds.

Since the winter rains began, we have been planting acorns, buckeyes, native grasses, wildflowers, toyon, and other native plants of importance to wildlife.

Many of you have asked us what we were doing and we appreciate your interest. After all, this project is almost in your backyard. We hope you will adopt it and participate with us in transforming the area into a wonderful seasonal wetland again.

For a schedule of activities, photos of the project so far, and more info, please visit our website at www.wcosf.org. If you would like to be notified of future volunteer activities, send us an email through the website.

And when you visit – we've marked out a path with orange flags to get you safely through the areas we've planted. We hope you'll come often and watch things as they develop.

School News

Foothill Middle School

Source: Foothill Gazette 1/7/09

Interdistrict Transfers

ATTENTION STUDENTS WHO ARE ATTENDING Foothill ON AN INTER-DISTRICT TRANSFER:

All Inter-district transfers have to be renewed on an annual basis. The forms can be picked up in the office, and need to be returned to the District Office at 1936 Carlotta Dr., Concord, 94519, before the end of January, 2009.

ATTENTION ALL 8th GRADE STUDENTS WHO WANT TO GO TO NORTHGATE HIGH SCHOOL AND ARE ATTENDING Foothill ON AN INTRA-DISTRICT TRANSFER:

You must complete a new intra-district transfer form and turn it into the District Office at 1936 Carlotta Drive, Concord, 94519, before January 15, 2009.

Patty Cochran
Office Manager
Foothill Middle School
Phone 939-8600 ext. 5701

Valle Verde Elementary

Source: e-voice 12/10/08

School Crossing Guard Needed



Are you a morning person who would like to start your day with lots of hellos, smiles, and sleepyheads---as well as helping our children stay safe? Then please volunteer to be Valle Verde's Friday morning Crossing Guard.

For more info. please contact Marianne Howie @ 945-8819 or mpghowie@yahoo.com

Lice Infestation (Continuing Education)

Due to our continuing battle with head lice, it is important to remain diligent (and educated) so we can hopefully declare "victory" over this school enemy.

More tidbits to share from our parents (and LoveBugs)!

When checking for nits (new or old) and/or lice, the best way is to use a very narrow-tooth steel nit comb. The best found is at Lovebugs for \$25. The other steel combs don't seem to come close to the efficiency of the Lovebugs combs.

Classification of colored "things" in/coming out of your children's head/hair:

White: old, already hatched nit/egg shell. This means you had at least one live lice egg which hatched at least 100 lice onto your child's head.

Brown: new, not yet hatched nit/egg. If this/these are not picked out, they each will hatch at least 100 lice w/ in 3-7 days.

Clear: killed nit/egg. (Usually after a treatment.) Good news!

Bug: a live louse, which can lay egg/nits to start this lovely cycle again...and again.

From the "rumor mill," it seems that many of the non Lovebugs-treated families are unaware of the need to look for the brown nits **daily**.

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SCHOOL NEWS continued from page 4

With every finding of a white nit and/or louse,

- Hot water laundering must occur for: Sheets, blankets, pillow cases, comforters/bedspreads, mattress pads, towels, clothes, jackets, backpacks, stuffed animals, non-plastic hair accessories, etc.
- Boiling for: Combs, brushes, plastic hair accessories, etc.
- 20 minutes minimum on high in dryer for: All non-washables, such as couch pillows, etc.
- Vacuum all: Furniture, carpet, rugs, mattresses, etc.
- Wipe down w/ an ammonia and alcohol solution: All seats in all cars, etc.

(Remember to boil all nit combs each time you use them so you don't reinfect your child).

Find Something?

- With every finding of brown nit/egg, each must be removed, placed in a ziplock bag and thrown away.
- With every finding of a clear nit/egg, try to remove. If you cannot, it's OK: They cannot hatch.
- Each time a lice/louse is found, the entire house must be retreated (see laundering info stated above). And each family member (even if they've not had lice before) must be checked for nits, eggs, and/or lice. If another family member does have nits/eggs and/or lice, they need to be treated and all their belongings treated as stated above.

If your child has been treated, it's best to:

- A. Check their head daily w/ the recommended steel nit comb and,
- B. Wash/dry for at least 20 minutes on high all bedding, towels and house pillows they may have used and,
- C. Boil all combs, brushes, hair accessories, etc. and,
- D. Keep their dirty/soiled laundry in an enclosed hamper.

All the above should be done daily until no brown nits/eggs has been found for a consecutive 14 days.

Lastly: For those children with long hair, it is a good idea to keep the hair back and controlled so that it isn't "free flowing."

Spring Fling Coordinator Needed

Everyone-- We are in need of someone to head up our Spring Fling effort this year. While the event doesn't take place until April, it is important to get going on it now. There is binder with the complete info needed to get things started. It is not an overwhelming job (especially if there are two or more people willing to work together to head it up), but we need to set things in motion by February.

Is there anyone in our Valle Verde community willing to work on this fundraiser. If so, please contact Rebecca Wagner at twomastiff@astound.net

School Meals--Help for Parents

Each of us has been affected by the current economic crisis personally, or through someone we know. If your income has been reduced or eliminated, your children may be eligible to receive free or reduced price meals at school.

The application process is confidential and your child will continue to use their student ID number to receive meals. Applications can be sent in any time during the school year and can be found at your child's school, by going online at <http://www.mdusd.k12.ca.us/foodservices/application.html>, or by calling Food and Nutrition Services (682-8000 x 4124).

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References Please Call **Paul Fleck 676-6607**

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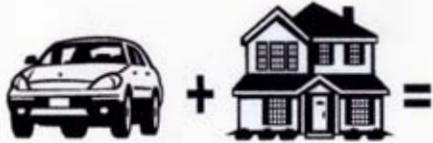
- Faux art (walls, fireplaces)
- Specializing in unique art murals for children's bedrooms.
- Please call Mike Staples for more information or any questions you may have. 925-300-6586

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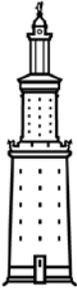
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Contact **Marc Graves 925-336-6272** or **Woodlandsassn@yahoo.com**

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Please note: the actual sizes below allow for binding/bleed space. Size = height x width in inches

Full Page – 10 x 7.5 - \$80/month

½ Page – 5 x 7.5 - \$45/month

¼ Page – 5 x 3.5 - \$25/month

¼ Page on back cover - \$45/month

1/8 Page – 2.5 x 3.5 - \$15/month

Want Ads - line ad with 30 words or less:

\$5 Woodlands Residents, \$13 Non-Residents

Next Advertising Deadline

**Please submit all ads and
payments for the next issue by**

February 15, 2009

Submission Guidelines

- Please submit your ad in the actual size/dimensions listed above.
- Ad should be formatted with any artwork you want included at the time of submittal.
- If your ad needs layout/design or artwork, there is an additional \$10 design fee.
- We love DIGITAL FILES! If you can provide a digital file of your ad, please email it to Woodlandsassn@yahoo.com. We accept PDF, Microsoft Publisher, and MS Word documents.
- If you only have a paper copy of your ad, please mail it and the payment to:
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